

## My Take

As many fans whom have their favorites artists and music being addicted to the WOW factor, they will never realized how lucky they are. Being on an addictive planet in the first place, likes can easily turn in to wants, and gotta haves all the time. From smoking to traveling and from sports games to sex, there are more addictions out there than the number of breaths you will take in your life time.

Yet when many fall victim, others either kick it to go on to something else, or struggle with it in slightly better control. I say this because it is so easy to fall back in the pit with such a struggle to stay out. It is from the basic where it seems easy to do evil and hard to be good.

Many know life is a struggle and feel it is not fair. Well like my grandmother told me, it is not suppose to be fair. It is hard so that you may learn and many fail at that. Why? easy, to make a direction change doubles your struggle with life itself. Believe me when I say few will provide the support (even though they may say different), yet it all falls on how, where, and with whom you were born on this earth with.

Yes there are those who are born into wealth and life may be an easier struggle where others must carve their path in life. Since none of us came with an instruction manual, your parents are shooting craps by providing everything for you or

providing nothing. How many can attest to know others whom had non-supporting parents and turned out (you believe) ok, where others who had everything provided could not get their act together to save their lives.

Now comes the point. I am fascinated by musicians because they have figured it out even for a short time. Many struggled with whatever addiction they have being dependent on their music as an escape from the addiction even when on the addiction itself. They knew it was only a matter of time and their music held the eventuality off just a little bit longer. Yes many fell but many survived as well, to the surprise of others whom would tell them to their face that they were amazed. How many of you were told of the surprised, saving that they felt you were a lost cause, and did not



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have a chance (yes I agree, those whom told you that should look in the mirror).

It is hard enough going though life trying to figure things out, then you are a musician and spend the rest of your life, traveling, playing in holes in the wall, long hours, with agents and thieves all around you just trying to receive the admiration of others enough to pay for you to keep the addiction. Some cycle heh?

Why you may ask? NEVER EVER UNDERESTIMATE THE POWER OF ANY ADDICTION. If you do, it is only a matter of time. If you have not seen the Allen Ada move "Same Time Next Year" (1978), please do. Yes Love can be an addiction as well no matter what the circumstances.

In Summary, for the rest of us who were born with whatever brain development received, the best defense against addiction is the power of knowledge. Understanding the wide range of addictions, yourself and what you have seen from others is your shield towards a method in dealing with the situation. If nothing else you can say "I don't like it, but I understand it" and move forward.

Bill Sommerville